



## Church of Saint Dominic

### OFFICE OF RELIGIOUS EDUCATION

250 OLD SQUAN ROAD, BRICK, NEW JERSEY 08724-3224

732-840-1414

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#### Medication/Treatment Authorization Form

Student: \_\_\_\_\_ D.O.B.: \_\_\_\_\_

Teacher: \_\_\_\_\_ Grade: \_\_\_\_\_

#### PARENTAL REQUEST

I, the parent/guardian of \_\_\_\_\_, requests that the school nurse administer the medication prescribed by my child's physician to my child at the prescribed time.

I understand that I will need to bring the medication to the school nurse on behalf of my child. The medication will be brought to school in its original container appropriately labeled by my pharmacy.

Signature of Parent/Guardian \_\_\_\_\_

Date \_\_\_\_\_

#### PHYSICIAN'S STATEMENT

In order to protect the health of \_\_\_\_\_

It is necessary for her/him to have the following medication during school hours.

Medication: \_\_\_\_\_

Dosage: \_\_\_\_\_

Time to be administered: \_\_\_\_\_

Purpose of medication: \_\_\_\_\_

List any possible side effects that might be expected: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

I authorize the school nurse to administer the above medication.

Signature of Physician \_\_\_\_\_

Date \_\_\_\_\_

Print Physician Name \_\_\_\_\_

Date \_\_\_\_\_



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#### ALLERGY INFORMATION FORM

*Parent/Guardian: Please complete this form and return it to the School Health Room.*

Child's Name \_\_\_\_\_ Grade \_\_\_\_\_

School \_\_\_\_\_; Date \_\_\_\_\_

#### TYPE OF ALLERGY

Check the box next to any allergy your child has experienced and list name/s as requested:

☐ Medication student is allergic to: \_\_\_\_\_ ☐ Name of specific food: \_\_\_\_\_

☐ Environmental allergens Insect dust, mites, mold, pets, etc. \_\_\_\_\_

☐ Insect bites/stings \_\_\_\_\_

#### SYMPTOMS OF ALLERGY

Check the line next to any symptoms your child has experienced:

<input type="checkbox"/> Hives or giant hives	<input type="checkbox"/> Shock
<input type="checkbox"/> Swelling of _____	<input type="checkbox"/> Fainting - dizziness
<input type="checkbox"/> Difficulty in breathing - wheezing	<input type="checkbox"/> Other (Describe) _____
<input type="checkbox"/> Difficulty swallowing	_____

1. Has your child seen a doctor for any of the allergies indicated above? Yes ☐ No ☐

2. Has your child ever been hospitalized for any allergic event? Yes ☐ No ☐  
Describe \_\_\_\_\_

3. Is medication required immediately after exposure to any allergy producing substance?  
Yes ☐ No ☐

If Yes, name of medication \_\_\_\_\_

(Please note: we must have both the medication and the signed Medication/Treatment Authorization Form on file in order to administer the medication.)

4. If no medication is necessary, how should the school treat the allergic event?

Careful observation Yes ☐ No ☐ Call parent/guardian Yes ☐ No ☐

If dietary changes are medically necessary, a Doctor's order with diagnosis is required.

COMMENTS: \_\_\_\_\_

Parent/Guardian's Name \_\_\_\_\_ Phone# \_\_\_\_\_

Parent/Guardian's Signature \_\_\_\_\_ Date \_\_\_\_\_



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Epinephrine Administration

Student \_\_\_\_\_ Grade \_\_\_\_\_ DOB \_\_\_\_\_

As parent/guardian, I request the administration of epinephrine via a pre-filled single dose auto-injector mechanism. Attached are the physician's orders requiring the administration of epinephrine to my child in the event of an emergency. I will provide a current pre-filled auto injector to the nurse's office. If the school nurse is unavailable, then a trained designee will administer the epinephrine.

As parent/guardian, I understand that the school and its employees will have no liability as a result to any injury arising from the administration or failure to administer epinephrine to the student.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date



# Asthma Treatment Plan

(This asthma action plan meets N.J. Law N.J.S.A. 18A:40-12.8) (Physician's Orders)

The Pediatric/Adult  
Asthma Coalition  
of New Jersey  
"Your Pathway to Asthma Control"  
14201 expressed consent at  
www.njasthma.org

Sponsored by  
**AMERICAN  
LUNG  
ASSOCIATION**  
1100 16th St, NW  
Washington, DC 20005



(Please Print)

Name		Date of Birth	Effective Date
Doctor	Parent/Guardian (if applicable)		Emergency Contact
Phone	Phone		Phone

## HEALTHY



You have **all** of these:

- Breathing is good
- No cough or wheeze
- Sleep through the night
- Can work, exercise, and play

And/or Peak flow above \_\_\_\_\_

**Take daily medicine(s). Some metered dose inhalers may be more effective with a "spacer" - use if directed.**

MEDICINE	HOW MUCH to take and HOW OFTEN to take it
<input type="checkbox"/> Advair <sup>®</sup> <input type="checkbox"/> 100, <input type="checkbox"/> 250, <input type="checkbox"/> 500	1 inhalation twice a day
<input type="checkbox"/> Advair <sup>®</sup> HFA <input type="checkbox"/> 45, <input type="checkbox"/> 115, <input type="checkbox"/> 230	2 puffs MDI twice a day
<input type="checkbox"/> Alveo <sup>®</sup> <input type="checkbox"/> 80, <input type="checkbox"/> 160	1 <input type="checkbox"/> 2 puffs MDI twice a day
<input type="checkbox"/> Asmanex <sup>®</sup> Twisthaler <sup>®</sup> <input type="checkbox"/> 110, <input type="checkbox"/> 220	1 <input type="checkbox"/> 2 inhalations <input type="checkbox"/> once <input type="checkbox"/> twice a day
<input type="checkbox"/> Flovent <sup>®</sup> <input type="checkbox"/> 44, <input type="checkbox"/> 110, <input type="checkbox"/> 220	2 puffs MDI twice a day
<input type="checkbox"/> Flovent <sup>®</sup> Diskus <sup>®</sup> <input type="checkbox"/> 50 <input type="checkbox"/> 100 <input type="checkbox"/> 250	1 inhalation twice a day
<input type="checkbox"/> Pulmicort Flexhaler <sup>®</sup> <input type="checkbox"/> 90, <input type="checkbox"/> 180	1 <input type="checkbox"/> 2 inhalations <input type="checkbox"/> once <input type="checkbox"/> twice a day
<input type="checkbox"/> Pulmicort Respules <sup>®</sup> <input type="checkbox"/> 0.25, <input type="checkbox"/> 0.5, <input type="checkbox"/> 1.0	1 unit nebulized <input type="checkbox"/> once <input type="checkbox"/> twice a day
<input type="checkbox"/> Qvar <sup>®</sup> <input type="checkbox"/> 40, <input type="checkbox"/> 80	1 <input type="checkbox"/> 2 puffs MDI twice a day
<input type="checkbox"/> Singulair <sup>®</sup> <input type="checkbox"/> 4, <input type="checkbox"/> 5, <input type="checkbox"/> 10 mg	1 tablet daily
<input type="checkbox"/> Symbicort <sup>®</sup> <input type="checkbox"/> 80, <input type="checkbox"/> 160	1 <input type="checkbox"/> 2 puffs MDI twice a day
<input type="checkbox"/> Other	
<input type="checkbox"/> None	

Remember to rinse your mouth after taking inhaled medicine.

If exercise triggers your asthma, take this medicine \_\_\_\_\_ minutes before exercise.

## CAUTION



You have **any** of these:

- Exposure to known trigger
- Cough
- Mild wheeze
- Tight chest
- Coughing at night
- Other \_\_\_\_\_

And/or Peak flow from \_\_\_\_\_ to \_\_\_\_\_

**Continue daily medicine(s) and add fast-acting medicine(s).**

MEDICINE	HOW MUCH to take and HOW OFTEN to take it
<input type="checkbox"/> AccuNeb <sup>®</sup> <input type="checkbox"/> 0.63, <input type="checkbox"/> 1.25 mg	1 unit nebulized every 4 hours as needed
<input type="checkbox"/> Albuterol <input type="checkbox"/> 1.25, <input type="checkbox"/> 2.5 mg	1 unit nebulized every 4 hours as needed
<input type="checkbox"/> Albuterol <input type="checkbox"/> Pro-Air <input type="checkbox"/> Proventil <sup>®</sup>	2 puffs MDI every 4 hours as needed
<input type="checkbox"/> Ventolin <sup>®</sup> <input type="checkbox"/> Maxair <input type="checkbox"/> Xopenex <sup>®</sup>	2 puffs MDI every 4 hours as needed
<input type="checkbox"/> Xopenex <sup>®</sup> <input type="checkbox"/> 0.31, <input type="checkbox"/> 0.63, <input type="checkbox"/> 1.25 mg	1 unit nebulized every 4 hours as needed
<input type="checkbox"/> Increase the dose of, or add:	
<input type="checkbox"/> Other	

➡ If fast-acting medicine is needed more than 2 times a week, except before exercise, then call your doctor.

## EMERGENCY



Your asthma is getting worse fast:

- Fast-acting medicine did not help within 15-20 minutes
- Breathing is hard and fast
- Nose opens wide
- Ribs show
- Trouble walking and talking
- Lips blue • Fingernails blue

And/or Peak flow below \_\_\_\_\_

**Take these medicines NOW and call 911.  
Asthma can be a life-threatening illness. Do not wait!**

<input type="checkbox"/> AccuNeb <sup>®</sup> <input type="checkbox"/> 0.63, <input type="checkbox"/> 1.25 mg	1 unit nebulized every 20 minutes
<input type="checkbox"/> Albuterol <input type="checkbox"/> 1.25, <input type="checkbox"/> 2.5 mg	1 unit nebulized every 20 minutes
<input type="checkbox"/> Albuterol <input type="checkbox"/> Pro-Air <input type="checkbox"/> Proventil <sup>®</sup>	2 puffs MDI every 20 minutes
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<input type="checkbox"/> Xopenex <sup>®</sup> <input type="checkbox"/> 0.31, <input type="checkbox"/> 0.63, <input type="checkbox"/> 1.25 mg	1 unit nebulized every 20 minutes
<input type="checkbox"/> Other	

**Triggers**  
Check all items that trigger patient's asthma:

- ☐ Chalk dust
- ☐ Cigarette Smoke & second hand smoke
- ☐ Colds/Flu
- ☐ Dust mites, dust, stuffed animals, carpet
- ☐ Exercise
- ☐ Mold
- ☐ Ozone alert days
- ☐ Pests - rodents & cockroaches
- ☐ Pets - animal dander
- ☐ Plants, flowers, cut grass, pollen
- ☐ Strong odors, perfumes, cleaning products, scented products
- ☐ Sudden temperature change
- ☐ Wood Smoke
- ☐ Foods:

Other:

This asthma treatment plan is meant to assist, not replace, the clinical decision-making required to meet individual patient needs.

### FOR MINORS ONLY:

- ☐ This student is capable and has been instructed in the proper method of self-administering of the non-nebulized inhaled medications named above in accordance with NJ Law.
- ☐ This student is not approved to self-medicate.

PHYSICIAN/NP/PA SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

PARENT/GUARDIAN SIGNATURE \_\_\_\_\_

PHYSICIAN STAMP

Make a copy for patient and for physician file. For children under 18, send original to school nurse or child care provider.

Save

Print

REVISED MAY 2000  
Revised Asthma Action Plan form  
www.njasthma.org